

2022 Start Time Information

DATE	GRAND PRIX	FRIDAY		SATURDAY			SUNDAY		
		PRACTICE 1	PRACTICE 2	PRACTICE 3	QUALIFYING				
		LOCAL	LOCAL	LOCAL	LOCAL	GMT	LOCAL	GMT	SUNSET
20-Mar	Bahrain	15:00 - 16:00	18:00 - 19:00	15:00 - 16:00	18:00 - 19:00	15:00 - 16:00	18:00	15:00	17:48
27-Mar	Saudi Arabia *	17:00 - 18:00	20:00 - 21:00	17:00 - 18:00	20:00 - 21:00	17:00 - 18:00	20:00	17:00	18:36
10-Apr	Australia	13:00 - 14:00	16:00 - 17:00	13:00 - 14:00	16:00 - 17:00	06:00 - 07:00	15:00	5:00	18:00
24-Apr	Emilia Romagna	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	14:00 - 15:00	15:00	13:00	20:08
8-May	Miami	14:30 - 15:30	17:30 - 18:30	13:00 - 14:00	16:00 - 17:00	20:00 - 21:00	15:30	19:30	19:55
22-May	Spain	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	14:00 - 15:00	15:00	13:00	20:59
29-May	Monaco	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	14:00 - 15:00	15:00	13:00	20:59
12-Jun	Azerbaijan	15:00 - 16:00	18:00 - 19:00	15:00 - 16:00	18:00 - 19:00	14:00 - 15:00	15:00	11:00	20:11
19-Jun	Canada	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	20:00 - 21:00	14:00	18:00	20:46
3-Jul	Great Britain	13:00 - 14:00	16:00 - 17:00	12:00 - 13:00	15:00 - 16:00	14:00 - 15:00	15:00	14:00	21:26
10-Jul	Austria	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	14:00 - 15:00	15:00	13:00	20:56
24-Jul	France	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	14:00 - 15:00	15:00	13:00	21:06
31-Jul	Hungary	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	14:00 - 15:00	15:00	13:00	20:19
28-Aug	Belgium	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	14:00 - 15:00	15:00	13:00	20:31
4-Sep	Netherlands	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	14:00 - 15:00	15:00	13:00	20:22
11-Sep	Italy	14:00 - 15:00	17:00 - 18:00	13:00 - 14:00	16:00 - 17:00	14:00 - 15:00	15:00	13:00	19:42
25-Sep	Russia	13:00 - 14:00	16:00 - 17:00	13:00 - 14:00	16:00 - 17:00	13:00 - 14:00	14:00	11:00	18:06
2-Oct	Singapore	18:00 - 19:00	21:00 - 22:00	18:00 - 19:00	21:00 - 22:00	13:00 - 14:00	20:00	12:00	18:56
9-Oct	Japan	13:00 - 14:00	16:00 - 17:00	13:00 - 14:00	16:00 - 17:00	07:00 - 08:00	14:00	5:00	17:27
23-Oct	United States	14:00 - 15:00	17:00 - 18:00	14:00 - 15:00	17:00 - 18:00	22:00 - 23:00	14:00	19:00	18:51
30-Oct	Mexico **	13:00 - 14:00	16:00 - 17:00	12:00 - 13:00	15:00 - 16:00	20:00 - 21:00	14:00	19:00	18:03
13-Nov	Brazil	13:00 - 14:00	16:00 - 17:00	13:00 - 14:00	16:00 - 17:00	19:00 - 20:00	15:00	18:00	18:27
20-Nov	Abu Dhabi	14:00 - 15:00	17:00 - 18:00	15:00 - 16:00	18:00 - 19:00	14:00 - 15:00	17:00	13:00	17:34

* Daylight Saving time starts in the UK/Europe on Saturday night/Sunday morning

** Daylight Saving time ends in UK/Europe AND Mexico on Saturday night/Sunday morning